

## Baltimore Mediation's Newsletter & Tips

## June 2019

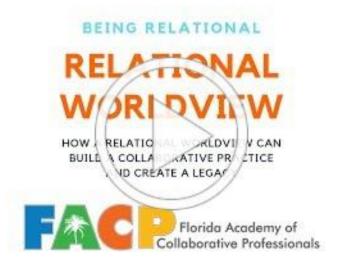
#### A MESSAGE FROM OUR FOUNDER

Welcome, June! And welcome summer! As we near the midpoint of 2019 and usher in the summer season, consider using this moment to take inventory of where you are. Be present in this moment and check in with yourself. Ask yourself and pause. Where am I mentally? Physically? Emotionally? Relationally? Do I need to make adjustments? Am I still on the course of creating positive lasting change? Think on it. That personal check in might be a catalyst for shifting the course of your year, starting now.

Sending love

Louise





Enjoy this testimonial reel from the 7th Annual Floriday Academy of Collaborative Professionals Conference in Orlando, Florida. Our founder, Louise Phipps Senft, delivered a keynote speech on how a relational worldview can build a collaborative practice and create a legacy.

## **GRATITUDE.... ACCOLADES, HIGH FIVES!**





Expressing gratitude this month that Louise has officially been elected to The International Academy of Mediators Board of Governors! The announcement was made June 1st at the annual IAM conference in Banf, Canada!

## **FEATURE**

## **Transformation Happening at Safe Streets**







There is a transformative power that lies in all of us, and with a relational intention we each can unlock that power. We can discover our full capacity to effect change in our everyday lives and the lives of those around us. This time in McElderry Park, Baltimore Eastside. It was once again a joy to work with another group of Safe Streets Violence Interrupters in full bloom at the end of

an amazing week of relational skills building, working on self awareness methods from within and conflict transformation skills for the streets.

Baltimore Mediation continues to partner with Safe Streets Baltimore to enact mediation techniques that can de-escalate violence on the streets on Baltimore, keep our Safe Streets men safe, and create a more relational world for all.

Join us in September for another afternoon of self discovery!

### **NEWS**

# BEING RELATIONAL READERS ARE SAYING...



"Last week I had a chance to read*Being Relational* written and given to me by my friend Louise Phipps Senft

Let me tell you, this book really made me challenge the way I interact with others.

My biggest take away from this book was how the author challenges you to question your beliefs and to reflect on why you feel a certain way about groups of people or ideas.

By remaining centered and grounded and responding with kindness and clarity, you can begin to build more meaningful relationships with others.

I recommend this book to those who have the courage to challenge themselves on building deeper relationships in both your personal and professional life by looking at

## BUSINESS PARTNER CLIENTS ARE SAYING



"Baltimore Mediation offer a transformative approach that believed in each of our capacities and what was possible. They helped us get through a difficult merger and break up, gave us a working document that clearly summed things up in a succinct way, what the barriers were, and the potential to make room for others, all from us but synthesized by our Baltimore Mediation mediator. And we have a signed agreement that we stand by and it works!" - Business Mediation Client

### **UPCOMING TRAININGS**



September 4-Hour CLE Enneagram, Personality & Self Awareness

how you engage from a holistic and eternal perspective.

Maybe, maybe not!"

- Justin Sandridge, Business Broker at Murphy Business Sales

### WHAT CLIENTS ARE SAYING



"Louise is a master trainer and her expertise in conflict resolution is second-to-none. If you want to experience a master at work, I would recommend attending this training. Learning this skill set is a powerful tool for all people in both work and personal settings". - Amanda Laden, Amanda Laden International

### Workshop

When: Sept. 10, 2019 @ 1:30pm - 5:30pm

Where: 1500 Union Avenue Baltimore, MD 21210

Course Fee: \$295

Register Now

October 40-Hour Mediation & Conflict Transformation Skills Training: Sources of Conflict & A System

When: October 21 -25, 2019 @ 9am - 5pm

Where: The Inn at the Colonnade 4 W University Pkwy, Baltimore, MD 21210

Course Fee: \$1550

**Register Now** 

December 40-Hour Basic Mediation & Conflict Transformation Skills Training

When: December 9 -13, 2019 @ 9am - 5pm

Where: The Inn at the Colonnade 4 W University Pkwy, Baltimore, MD 21210

Course Fee: \$1550

**Register Now** 

January 20-Hour Advanced Mediation & Conflict Transformation Skills Training: Custody, Visitation & Child Support

When: January 22-24, 2020 @ 5:00 PM-9:30 PM 9:00 AM - 5:30 PM 9:00 AM - 4:00 PM

Where: The Inn at the Colonnade 4 W University Pkwy, Baltimore, MD 21210

Course Fee: \$945

**Register Now** 

# BEING GROUNDED -TIPS



Being Grounded means that you do not let events in your past define who you are as a person.

There is joy waiting for you in the moments when you can be in the now!





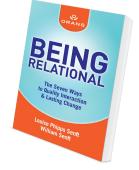
### QUOTE FOR THE MONTH:

"Listening itself is an art. When we listen with a still and concentrated mind, it's possible to actually be responsive to what the words are saying. Sometimes deep insights come in a flash, unexpectedly." - Joseph Goldstein

For copies of the **Amazon best seller** Being Relational: The Seven Ways to Quality

### Interaction & Lasting Change visit

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AS SEEN ON:























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